

Handout 2: Learning Styles¹ Part 2

There are a variety of training methods that can be used to accommodate the different learning styles. The table below provides you with a few options to consider.

Considerations for each Learning Style

| Learning Styles | Consider using: |
|--|--|
| Doer: Learn best applying concepts. | Hands-on activities, simulations. |
| Feeler: Learn best from personal experience. | Role playing and other experiential and group activities. |
| Thinker: Learn best with abstract concepts and lectures | Case studies and discussions about theories and research. Reading. Independent activities. |
| Observer: Learn best while observing others and through visual means. | Demonstrations, slides and videos. |

¹ Adapted from Trainer's Guide for Cancer Education, National Cancer Institute, located at <http://www.cancer.gov/clinicaltrials/resources/trainers-guide-cancer-education>