

Menu Item(s)	Portion Size	Recipe # or Product Name	Total Amount of Menu Items PLANNED	Used Amount of Food (lbs./cans/cases)	Component Contributions								Actual Meals SERVED			Leftover or Short	
					M/MA (oz. eq.)	Grain (oz. eq.)	Fruit/Juice	Dark Green	Red/Orange	Legumes	Starchy	Other Veg.	Student	A la Carte	Adult		
Vegetables:																	
Fruit/Juice:																	
Milk:																	
Condiments:																	
Other:																	

Adapted by the MA Department of Elementary and Secondary Education from Child Nutrition & Wellness, Kansas State Department of Education (2012)